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Gerontology,
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Faculty Member : University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

Editor in Chief : Iranian Journal of Ageing

Research Associate: Malaysian Research Institute on Ageing (MyAgeing), Universiti Putra Malaysia, Serdang, Selangor, Malaysia

My Profile on:
Web of Science

<http://www.researcherid.com/ProfileView.action?returnCode=ROUTER.Success&Init=Yes&SrcApp=CR&queryString=KG0UuZjN5Wlck%252FqGYEsWTBTTUO1wxo4HkMqDzZoAZ4g%253D&SID=W24961ESz3ILyJJF5jv>

Scopus

<https://www.scopus.com/authid/detail.uri?authorId=35811104400>

Google Scholar

<https://scholar.google.com/citations?user=eB2PnO0AAAAJ&hl=en&oi=ao>

Postdoctoral researcher

From 20th October 2011 to 19th October 2012

Malaysian Research Institute on Ageing (MyAgeing), Universiti Putra Malaysia, Serdang, Selangor, Malaysia

Fellowship researcher

From 25th October 2012 to 24th October

Malaysian Research Institute on Ageing (MyAgeing), Universiti Putra Malaysia, Serdang, Selangor, Malaysia

Faculty Member

From October 2014 to Present

University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

Research Associate

From 1st April 2015 to 31st March 2017

Malaysian Research Institute on Ageing (MyAgeing), Universiti Putra Malaysia, Serdang, Selangor, Malaysia

From 1st April 2017 to Present

Malaysian Research Institute on Ageing (MyAgeing), Universiti Putra Malaysia,
Serdang, Selangor, Malaysia

Education

Fellowship in Psychosocial Gerontology	Institute of Gerontology, Universiti Putra Malaysia 2014
Post-doctorate, Mental Health of Older Adults	Institute of Gerontology, Universiti Putra Malaysia 2012
PhD, Gerontology	Institute of Gerontology, Universiti Putra Malaysia 2011

Skills and Expertise

Scientific writing, Advanced Statistics, SPSS and AMOS

Areas of Interest

Ageing, Mental health, Social Gerontology, Methodology, and Statistics

Teaching experiences

Social Gerontology

Research Method

Theories of Gerontology

Scientific Writing Skills

Current Publications

No	Title
1.	Momtaz, Y. A., Haron, S. A., Hamid, T. A., Ibrahim, R., & Tanjani, P. T. (2018). Body Mass Index (BMI) and Cognitive Functions in Later Life. <i>Current Alzheimer research</i> .
2.	Momtaz YA, Vidouje MM, Foroughan M, Sahaf R, Laripour R. Grandparents-Grandchildren Relationship in Iran, 2017. <i>Clinical Practice & Epidemiology in Mental Health</i> . 2018 Nov 30;14(1).
3.	Momtaz, Y. A., Fallahi, B., & Delbari, A. (2018). Residential Satisfaction Among Iranian Senior Citizens. <i>The Open Psychology Journal</i> , 11(1).
4.	Momtaz, Y. A., Kargar, R., Hosseiny, R., & Sahaf, R. (2018). Rate and pattern of road traffic accidents among older and younger drivers. <i>Healthy Aging Research</i> , 7(2), e18.

5.	Nazaripanah, N. S., Momtaz, Y. A. , Mokhtari, F., & Sahaf, R. (2018). Urinary incontinence and sleep complaints in community dwelling older adults. <i>Sleep Science</i> , <i>11</i> (2), 106.
6.	Momtaz, Y. A. , Hamid, T. A., Haron, S. A., Bagat, M. F., & Mohammadi, F. (2017). Prevalence of hypotension and its association with cognitive function among older adults. <i>Aging & Mental Health</i> , 1-6.
7.	Harsini, S., Momtaz, Y. A. , Delbari, A., & Sahaf, R. (2017). The Attitudes of Rural Community Health Workers towards Older Adults in Kermanshah, Iran. <i>Reviews on Recent Clinical Trials</i> .
8.	Mohammadi, F., Momtaz, Y. A. , Motallebi, S., & Boosepasi, S. (2017). The Effect of Cognitive Remediation Therapy on Social Skills in Institutionalized Elderly Patients with Schizophrenia. <i>Reviews on Recent Clinical Trials</i> .
9.	Momtaz, Y. A. , Hamid, T. A., Haron, S. A., & Bagat, M. F. (2016). Flourishing in later life. <i>Archives of Gerontology and Geriatrics</i> , <i>63</i> , 85-91.
10.	Delbari, A., Keyghobadi, F., Momtaz, Y. A. , Keyghobadi, F., & shouride Yazdi, M. (2016). Sex differences in stroke: A socioeconomic perspective. <i>Clinical Interventions in Aging</i> , <i>11</i> , 1207-1212.
11.	Rafiey, H., Momtaz, Y. A. , Alipour, F., Khankeh, H., Ahmadi, S., Khoshnami, M. S., & Haron, S. A. (2016). Are older people more vulnerable to long-term impacts of disasters? <i>Clinical Interventions in Aging</i> , <i>11</i> , 1791.
12.	Momtaz, Y. A. , Hamid, T. A., Haron, S. A., Ibrahim, R., & Masud, J. (2015). Early life food insufficiency may increase risk of dementia in late life. <i>Alzheimer's & Dementia: The Journal of the Alzheimer's Association</i> , <i>11</i> (7), P598-P599.
13.	Momtaz, Y. A. , Haron, S. A., Hamid, T. A., Ibrahim, R., & Masud, J. (2015). Does food insufficiency in childhood contribute to dementia in later life? <i>Clinical Interventions in Aging</i> , <i>10</i> , 49.
14.	Momtaz, Y. A. , Haron, S. A., Ibrahim, R., & Hamid, T. A. (2015). Spousal Death Anxiety in Old Age Gender Perspective. <i>OMEGA-Journal of Death and Dying</i> , <i>27</i> (1), 69-80.
15.	Momtaz, Y. A. , Ibrahim, R., Hamid, T. A., & Chai, S. T. (2015). Smoking and Cognitive Impairment Among Older Persons in Malaysia. <i>American Journal of Alzheimer's Disease & Other Dementias</i> , <i>30</i> (4), 405-411.
16.	Hallaj, Z., Rafiey, H., Momtaz, Y. A. , Teimori, R., Haroni, Q. Q. A., & Sahaf, R. (2014). Measuring reliability and validity of Persian version of spirituality scale among elderly

	Iranian population. <i>Medicinski glasnik Specijalne bolnice za bolesti štitaste žlezde i bolesti metabolizma" Zlatibor"</i> , 19(51), 13-22.
17.	Momtaz, Y. A. , Ibrahim, R., & Hamid, T. A. (2014). The impact of giving support to others on older adults' perceived health status. <i>Psychogeriatrics</i> , 14(1), 31-37.
18.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2014). Cohort comparisons: emotional well-being among adolescents and older adults. <i>Clinical Interventions in Aging</i> , 9, 813.
19.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2014). Gastritis may boost odds of dementia. <i>American Journal of Alzheimer's Disease & Other Dementias</i> , 29(5), 452-456.
20.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2014). Smoking and Cognitive Function. <i>Alzheimer's & Dementia: The Journal of the Alzheimer's Association</i> , 10(4), P748.
21.	Momtaz, Y. A. , Hamid, T. A., Ibrahim, R., & Akahbar, S. A. N. (2014). Racial and socioeconomic disparities in sexual activity among older married Malaysians. <i>Archives of Gerontology and Geriatrics</i> , 58(1), 51-55.
22.	Momtaz, Y. A. , Haron, S. A., Ibrahim, R., & Hamid, T. A. (2014). Social embeddedness as a mechanism for linking social cohesion to well-being among older adults: moderating effect of gender. <i>Clinical Interventions in Aging</i> , 9, 863.
23.	Hamid, T. A., Ibrahim, R., Momtaz, Y. A. , Mohmad, S., Hassan Nudin, S. S. a., & Nor Akahbar, S. A. (2013). Development and validation of the malaysian elderly wellness index. <i>The Journal of Nutrition, Health & Aging</i> , 17(Supplement 1), S446- S447.
24.	Hamid, T. A., Momtaz, Y. A. , Ibrahim, R., Mansor, M., Samah, A. A., Yahaya, N., & Abdullah, S. F. Z. (2013). Development and psychometric properties of the Malaysian elder abuse scale. <i>Open Journal of Psychiatry</i> , 3(3), 283-289.
25.	Ibrahim, R., Momtaz, Y. A. , & Hamid, T. A. (2013). Social isolation in older Malaysians: Prevalence and risk factors. <i>Psychogeriatrics</i> , 13(2), 71-79.
26.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2013). Theories and measures of elder abuse. <i>Psychogeriatrics</i> , 13(3), 182-188.
27.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2013). Generational Comparison of Emotional Well-Being. <i>The Journal of Nutrition, Health & Aging</i> , 17(Supplement 1), S414.
28.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2013). The impact of mild cognitive impairment on sexual Activity. <i>American Journal of Alzheimer's Disease & Other Dementias</i> , 28(8), 759-762.
29.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2013). The impact of mild cognitive

	impairment on sexual activity. <i>American Journal of Alzheimer's Disease & Other Dementias</i> , 28(8), 759-762.
30.	Momtaz, Y. A. , Hamid, T. A., Masud, J., Haron, S. A., & Ibrahim, R. (2013). Dyadic effects of attitude toward aging on psychological well-being of older Malaysian couples: an actor-partner interdependence model. <i>Clinical Interventions in Aging</i> , 8, 1413.
31.	Momtaz, Y. A. , Hamid, T. A., Yusoff, S., & Ibrahim, R. (2013). Do Depression and Educational Attainment Mediate the Association between Ethnicity and Dementia. <i>Gerontology</i> , 59(3), 206-212.
32.	Momtaz, Y. A. , Hamid, T. A., Yusoff, S., Ibrahim, R., Chai, S. T., Yahaya, N., & Abdullah, S. S. (2012). Loneliness as a risk factor for hypertension in later life. <i>Journal of Aging and Health</i> , 24(4), 696-710.
33.	Yahaya, N., Momtaz, Y. A. , Hamid, T., & Abdullah, S. (2013). Social Support and Psychological Well-being Among Older Malay Women in Peninsular Malaysia. <i>Indian Journal of Gerontology</i> , 27(2), 320-332.
34.	Hamid, T. A., Momtaz, Y. A. , & Ibrahim, R. (2012). Predictors and prevalence of successful aging among older Malaysians. <i>Gerontology</i> , 58(4), 366-370.
35.	Momtaz, Y. A. , Hamid, T. A., Ibrahim, R., Yahaya, N., & Abdullah, S. S. (2012). Moderating effect of Islamic religiosity on the relationship between chronic medical conditions and psychological well-being among elderly Malays. <i>Psychogeriatrics</i> , 12(1), 43-53.
36.	Momtaz, Y. A. , Hamid, T. A., & Ibrahim, R. (2012). Unmet needs among disabled elderly Malaysians. <i>Social Science & Medicine</i> , 75(5), 859-863.
37.	Momtaz, Y. A. , Hamid, T. A., & Yusoff, S. (2012). Gastritis as a major risk factor for dementia in older adults. <i>Alzheimer's & Dementia</i> , 8(4), P138-P139.
38.	Najafi, F., Rahman, H. A., Hanafiah, M., Momtaz, Y. A. , & Ahmad, Z. (2012). Emergency contraception: Knowledge, attitudes and practices among married Malay women staff at a public university in Malaysia. <i>Southeast Asian Journal of Tropical Medicine and Public Health</i> , 43(6), 1512.
39.	Yahaya, N., Momtaz, Y. A. , Othman, M., Sulaiman, N., & Mat, F. (2012). Spiritual Well-Being and Mental Health among Malaysian Adolescents. <i>Life Science Journal</i> , 9(1).
40.	Yahaya, N., Sabri, B., Zilah Abdullah, S., Abdullah, S., Momtaz, Y. A. , & Hamid, T. (2012). Impact of Housing Environment and Neighbourhood Safety Towards Perceived Quality of Life Among Older Persons. <i>Indian Journal of Gerontology</i> , 26(2), 227- 241.
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41.	Momtaz, Y. A., Hamid, T.-A., Ibrahim, R., Yahaya, N., & Tyng Chai, S. (2011). Moderating effect of religiosity on the relationship between social isolation and psychological well-being. <i>Mental Health, Religion & Culture</i> , 14(2), 141-156.
42.	Momtaz, Y. A., Ibrahim, R., Hamid, T. A., & Yahaya, N. (2011). Sociodemographic predictors of elderly's psychological well-being in Malaysia. <i>Aging & Mental Health</i> , 15(4), 437-445.
43.	Hamid, T. A., Krishnaswamy, S., Abdullah, S. S., & Momtaz, Y. A., (2010). Sociodemographic risk factors and correlates of dementia in older Malaysians. <i>Dementia and Geriatric Cognitive Disorders</i> , 30(6), 533-539.
44.	Hamid, T. A., Momtaz, Y. A., & Abdul Rashid, S. N. S. (2010). Older women and lower self-rated health. <i>Educational Gerontology</i> , 36(6), 521-528.
45.	Momtaz, Y. A., Hamid, T. A., Yahaya, N., & Ibrahim, R. (2010). Effects of chronic comorbidity on psychological well-being among older persons in Northern Peninsular Malaysia. <i>Applied Research in Quality of Life</i> , 5(2), 133-146.
46.	Momtaz, Y. A., Hamid, T. A., Yahaya, N., & Ibrahim, R. (2010). Religiosity among older Muslim Malaysians: gender perspective. <i>Journal of Muslim Mental Health</i> , 5(2), 210-220.
47.	Momtaz, Y. A., Ibrahim, R., Hamid, T. A., & Yahaya, N. (2010). Mediating effects of social and personal religiosity on the psychological well being of widowed elderly people. <i>OMEGA-Journal of Death and Dying</i> , 61(2), 145-162.
48.	Yahaya, N., Abdullah, S. S., Momtaz, Y. A., & Hamid, T. A. (2010). Quality of life of older Malaysians living alone. <i>Educational Gerontology</i> , 36(10-11), 893-906.
49.	Momtaz, Y. A., Yahaya, N., & Hamid, T. (2009). Determination of psychological well-being status among older persons in northern Peninsular Malaysia. <i>Indian Journal of Gerontology</i> , 23(2), 193-214.
50.	Momtaz, Y. A., Hamid, T. A., Nurizan, Y., & Ibrahim, R. (2009). Widowhood and psychological well-being among older Malaysians: Mediating effect of social network. <i>The Indian Journal of Social Work</i> , 70(3), 375-390.
51.	Momtaz, Y. A., Hamid, T. A., & Yahaya, N. (2009). The role of religiosity on relationship between chronic health problems and psychological well-being among Malay Muslim older persons. <i>Research Journal of Medical Sciences</i> , 3(6), 188-193.
52.	Nurizan, Y., Siti Suhailah, A., & Momtaz, Y. A., (2009). Pegangan agama dan kesejahteraan psikologi warga tua wanita Melayu. <i>Malaysian Journal of Social Policy and</i>

	<i>Society</i> , 6, 180-193.
53.	Tahery, Y., Kafilzadeh, F., & Momtaz, Y. A. , (2009). Listeria monocytogenesis and abortion: A case study of pregnant women in Iran. <i>African Journal of Microbiology Research</i> , 3(11), 826-832.

Projects and Research Grants

Title	Status
<p>Grant No: 1473 ; Overall PI: YA Momtaz 2017-2018 (20% effort)</p> <p>Title Project: Attitude towards Aging and Willingness to Work with Older Adults</p> <p>The study was conducted into two phases, in the first phase of the study; an instrument entitled "Willingness to Work with Elderly People Scale (WEPS)" was developed and validated. In the second stage, the study was conducted on a sample of 683 medical sciences.</p> <p>YA Momtaz role: design and manage the project, data management and statistics, writing paper</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>(two papers have been published from project)</p>
<p>Grant No: 1434: Overall PI: YA Momtaz 2016-2017 (15% effort)</p> <p>Title Project: Marital satisfaction and its associated factors among Older adults who get Married in old age</p> <p>The study was conducted to assess marital satisfaction of older adults who get married in old age.</p> <p>YA Momtaz role: design and manage the project, data management and statistics, involving in writing paper</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>(One paper has been published from project)</p>
<p>Grant No: 1395; Overall PI: YA Momtaz 2015-2016 (15% effort)</p> <p>Title Project: Rate and Pattern of Road Traffic Accidents among Older Drivers</p> <p>The study was developed and conducted to describe rate and pattern of road traffic accidents among older drivers.</p> <p>YA Momtaz role: design and manage the project, data management and statistics, writing paper</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>(One paper has been published from project)</p>
<p>Grant No: 1358 ; Overall PI: YA Momtaz 2015-2016 (10% effort)</p>	<p>(two papers have</p>

<p>Title Project: Urban Space satisfaction among Older Adults</p> <p>The study was carried out to assess residential satisfaction among a sample of Iranian older adults.</p> <p>YA Momtaz role: design and manage the project, data management and statistics, involving in writing paper</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>been published from project)</p>
<p>Grant No: 2031 ; Overall PI: YA Momtaz 2018-2019 (10% effort)</p> <p>Title Project: Health Trend Status of Institutionalized Older Adults</p> <p>The study is conducting to evaluate health trend status of Institutionalized older adults.</p> <p>YA Momtaz role: design and manage the project</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>Ongoing</p>
<p>Grant No: 2104 ; Overall PI: YA Momtaz 2018-2019 (10% effort)</p> <p>Title Project: Nursing Home Staff Abuse by Senior Residents</p> <p>The study is aiming to identify nursing home staff abuse by senior residents.</p> <p>YA Momtaz role: design and manage the project</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>Ongoing</p>
<p>Grant No:1961 Overall PI: YA Momtaz 2018-2019 (10% effort)</p> <p>Title Project: The Effects of the Sense of Humor Programme on Community-Dwelling Adults' Psychological well-being</p> <p>The study is aiming to examine the effects of the sense of humor programme on community-dwelling adults' psychological well-being</p> <p>YA Momtaz role: design and manage the project</p> <p>Grant Funder: University of Social Welfare and Rehabilitation Sciences , Tehran</p>	<p>Ongoing</p>

Supervising Students

PhD Thesis: Main Supervisor	Status
1. The Prevalence of Potentially Inappropriate Medication and the associated factors in the elderly referred to Tehran pharmacies in 2017	Completed 2018
2. Biopsychosocial factors of Cognitive impairment in the elderly (a case-control study).	Completed 2018
3. Developing and Testing Life Satisfaction Model of Martyrs Elderly Parents	Waiting for viva
4. Developing and Evaluating “Elder Care by Elderly People Programme” on Quality of Life among Institutionalized Senior Citizens	Waiting for viva
5. Developing Aged Care Ethical Codes	Ongoing
6. Psychosocial Interventions for Retirement Transition	Ongoing
Master Thesis: Main Supervisor	
1. The knowledge, Attitudes, and Practice of Rural Community Health Workers towards Older Adults	Completed 2016
2. Rate and Pattern of Road Traffic Accidents among Older Drivers in 2014, Urmia City West Azerbaijan Province, Iran	Completed 2016
3. Grandparent-Grandchild Relationship in Iran	Completed 2017
4. Marital Satisfaction among Older Adults Getting Married in Old Age	Completed 2017
5. The status and Associated Factors of School Students' Relationship with their Grandparents	Completed 2018
6. Nursing Home Visiting on Students Attitude towards Elderly People	Waiting for viva

Presented Papers

1. Momtaz, YA., Hamid, T. A., & Ibrahim, R. (2013, June). Generational Comparison of Emotional Well-Being. Paper presented at the 20th IAGG World Congress of Gerontology and Geriatrics. *The Journal of Nutrition, Health & Aging* 17 (Supplement 1), S414.
2. Hamid, T. A., Ibrahim, R., Momtaz, YA., Mohmad, S., Hassan Nudin, S. S., Nor Akahbar, S.A. (2013, June), Development and validation of the Malaysian elderly wellness index. 20th IAGG World Congress of Gerontology and Geriatrics. *The Journal of Nutrition, Health & Aging* 17 (Supplement 1), S446- S447
3. Momtaz, Y.A., Hamid, T.A., Ibrahim, R., Yahaya, N., & Abdullah, S.S. (2010, April). Screening for depression among older Malays. Paper presented at the Malaysian Psychology Conference: The Expanse of Psychology. International Medical University, Malaysia.
4. Momtaz, Y. A., Hamid, T.A., Ibrahim, R., Yahaya, N., & Abdullah, S.S.(2010, July,). Living arrangement and psychological well-being among older Malaysians: An ethnic perspective. Paper presented at The South East Asian Conference on Ageing 2010: Improving Well-being in Later Life. Grand Millennium Hotel Kuala Lumpur, Federal Territory of Kuala Lumpur, Malaysia.
5. Momtaz, Y.A., Ibrahim, R., Hamid, T.A., & Yahaya, N. (2009, July). Predictors of social isolation among older Malaysians. Paper presented at the Southeast Asia Psychology Conference. Universiti Malaysia Sabah.
6. Momtaz, Y.A., Hamid, T.A., Yahaya, N., & Abdullah, S.S. (2008, November). Religiosity among Older Malaysians. Paper presented at the National Conference on Ageing: "Promoting Dignity, Prosperity and Wellness. Pan Pacific KLIA, Sepang. Malaysia

Awards:

No	Title of Project	Exhibition	Medal
	Ethnic Difference in Dementia: Mediating effect of Educational Attainment and Depression	PRPI-UPM 2012	Silver
1.	Prevalence of Successful Aging among Older Malaysian	PRPI-UPM 2011	Gold
2.	The Vision Impairments of Older Malaysian in Peninsular Malaysia	PRPI-UPM 2011	Silver
3.	Self Esteem As Moderator of Disability and Perceived Quality Of Life among Malaysian Elderly	PRPI-UPM 2011	Bronze
4.	Loneliness and Social Isolation among Older Malaysians	PRPI-UPM 2011	Bronze
5.	The Effect of Belief in God on the Psychological Well-being among Elderly Malays	PRPI-UPM 2010	Bronze
6.	The Influence of Types of Social Support on Self-rated Health among Elderly Malaysians	PRPI-UPM 2010	Bronze

Reviewer:

1. **Journal of gerontological social work**
2. **Mental health, religion and culture**
3. **Omega: Journal of Death and Dying**
4. **Ageing and Mental Health Journal**
5. **Clinical Interventions in Aging**
6. **PLOS ONE**